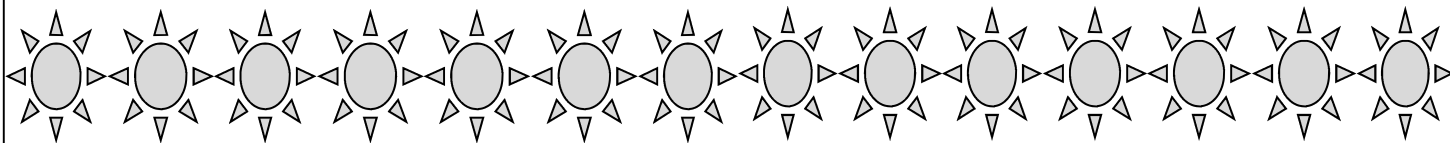


MAYNARD RECREATION &  
THE BOYS & GIRLS CLUB OF ASSABET VALLEY



# SUMMER PROGRAMS



Like us on  
Facebook and  
receive \$5 off  
a program!



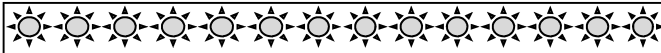
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**BOYS & GIRLS CLUBS**  
OF ASSABET VALLEY

212 GREAT ROAD MAYNARD, MA 01754 PH.: 978-461-2871  
WWW.BGCAV.ORG



Greetings!

I am delighted to present the Boys & Girls Club in coordination with Maynard Rec's 2013 Summer Programs with exciting new activities for your family to enjoy!

My experienced team and I are proud to again offer our Full Day & Half Day Playground programs, with great new additions to our program lineup, including Toddler Time and Super Soccer Stars. These are all mixed in with the popular standards for all your summer fun!

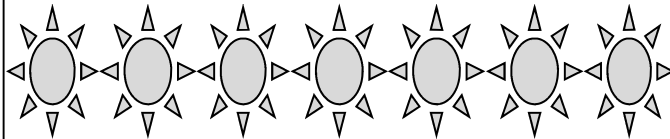
You can find out more about the great programs we provide by visiting us at [www.bgcav.org](http://www.bgcav.org) or call **978-461-2871**.

I look forward to your feedback and suggestions. Please come and visit or call me any time!

Warmest regards,

**Wendy**

Wendy Allegrone-Leslie  
Executive Director  
[allegrone@bgcav.org](mailto:allegrone@bgcav.org)



**SCHOLARSHIPS ARE AVAILABLE**

For scholarship requests, please send a letter of request, registration form and income document to:

Attn: Wendy Allegrone-Leslie  
Boys & Girls Club of Assabet Valley  
212 Great Road Maynard, MA 01754

**CLUB STAFF:**

Pat Bishop, Youth Services Director  
Ryan Pratt, Program Director  
Jen Kuo, Playground Director  
Jennifer Tate - Tennis Director  
Denise Teague - Toddler Time & 4&5 yr old Director  
Laura Booth - Enrichment Director

*Head Counselors:*

Nikki Tyler, 5 years  
Colby Tyler, 5 years  
Steven Davis, 5 years  
Madison Brainard, 3 years

*Counselors:*

Nathan Costello, 3 years  
James Auguste, 1 year  
Jamie Poh, 2 years  
Joey Westerman, 2 years  
Cecilla Burke, 2 years  
Sam Laughlin, 1 year

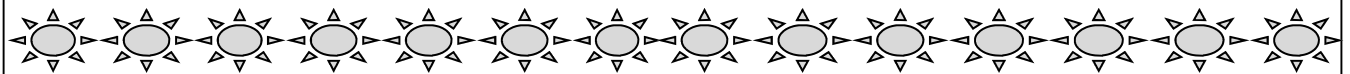
***In Case of an "Oops..."***

Complete details of program policies, procedures and guidelines are sometimes omitted from the program brochure because of space limitations. Errors in days, times, registration requirements and fees may occur as well. We apologize for any errors that may occur in the brochure. Thank you for your patience and understanding when these situations occur.

**CLUB OFFICE HOURS**

Monday - Friday  
8:00am—5:00pm

**Maynard Rec & Boys & Girls Club Programs are self-supporting.** Fees charged for programs cover the cost of materials, pay instructor salaries and help defray from costs.



**REGISTRATION INFORMATION**

- Registration Forms available at the Club or on our website @ [www.bgcav.org](http://www.bgcav.org).
- NEW On-Line Registration System @ [www.bgcav.org](http://www.bgcav.org).
- Drop off or mail completed forms with payment to the Boys & Girls Club of Assabet Valley, 212 Great Road, Maynard MA 01754.
- **Registration Cancellation:** To receive a full refund, you must send a letter at least two weeks prior to the start of a program or the week you are registering for. **IMPORTANT:** You can only get a full refund in less than two weeks, if your spot can be promptly filled by someone on the waitlist and no cost is incurred because of your withdrawal. Please e-mail any questions or refund letters or [allegrone@bgcav.org](mailto:allegrone@bgcav.org).
- **Payment Information:** Cash or Checks (Please make checks payable to The Boys & Girls Club of Assabet Valley) VISA, MASTERCARD or DISCOVER

# 2013 SUMMER PROGRAMS

The Boys & Girls Club's 2013 Summer Programs are just around the corner. All your favorite programs are here and our Half Day Playground Program and Full Day Program will be better than ever! Plus many new programs: Multi Sports Camps, Lacrosse Camps, Pre-School Programs and more!!!! For the most up to date information about all our Summer Programs, log onto [www.bgcaav.org](http://www.bgcaav.org).

**The Boys & Girls Club is now accepting 2013 Summer Program Registrations.**

**NEW ON-LINE REGISTRATION SYSTEM @ [WWW.BGCAV.ORG](http://WWW.BGCAV.ORG)**



## WHY REGISTER FOR CLUB SUMMER PROGRAMS?

- ~Your child will have fun and make new friends!
- ~Your child will be supervised by caring, experienced, involved adults & student leaders.
- ~Your child will never be bored because the Club's Summer Programs are packed with variety!

Throughout the summer we will take half day trips into the communities and full day trips to different destinations. In addition to trips, each session will have a different theme, inspiring new art projects, games and incredible programming!

## WHAT SETS THE CLUB APART FROM OTHER PROGRAMS?

### Lasting Friendships

We place an emphasis on community-building, social development, and positive relationships.

### Nurturing Staff

Our experienced and mature staff take the time to invest in our members.

### Dynamic Program

We offer a broad range of creative activities that are led by experienced, adult specialists.



## ZUMBA®FITNESS

*Mondays, Ongoing*

Drop In: \$10/per class

Time: 7:30pm

Location: Boys & Girls Club

Cost: \$55



Party Yourself Into Shape! Join Instructor Gillie May every Monday night at the Club! Zumba® is a Latin-inspired, easy-to-follow, calorie burning, dance fitness party. You'll have a blast dancing salsa, merengue, hip hop, flamenco, tango, and many other styles. Before you know it, you'll be getting fit and your energy will be soaring. Ditch the workout and join the party!

**Gillie Jones May** is a licensed Zumba® Fitness instructor who has been dancing for nearly thirty years. Her background includes ballet, jazz, contemporary, and swing dancing. She is passionate about helping you reach your fitness goals while having fun doing it!

# FULL DAY SUMMER PROGRAM

## BOYS & GIRLS CLUB OF ASSABET VALLEY

**PARENT MEETINGS**  
**\*\*MANDATORY**  
**It is a requirement of our summer programs that a parent/guardian attend one Parent Meeting.**

Tuesday, June 4th 9:00am-10:00am  
 Thursday, June 6th 6:30pm - 7:30 pm  
 Monday, June 10th 9:00 am - 10:00 am  
 Thursday, June 13th 6:30pm - 7:30 pm

### 9 WEEK SUMMER PROGRAM DATES:

Session #1: June 24th  
*Carnival Week*  
 Session #2: July 1st (Closed July 4th) - *Red White & Blue*  
 Session #3: July 8th  
*Super Sleuth*  
 Session #4: July 15th  
*Oooey Gooey*  
 Session #5: July 22nd  
*Water Wars*  
 Session #6: July 29th  
*Sports Spectacular*  
 Session #7: August 5th  
*Artful & Athletic Antics*  
 Session #8: August 12th  
*Treasurer Hunters*  
 Session #9: August 19th  
*A Bug's Life*

### FIELD TRIPS (SUBJECT TO CHANGE)

June 27 - Blow up Obstacles, Water Slide & More...  
 July 2 - Breezy Water Park  
 July 11 - George's Island  
 July 18 - Southwick Zoo  
 July 25 - Breezy Waterpark  
 August 1 - Patriots Training Camp or Drumlin Farm  
 August 8 - Purgatory Chasm  
 August 15 - Coco Keys  
 Thursday, August 22 - TBA

The Boys and Girls Club is now accepting 2013 Summer Program Registrations. The Club's Summer Program is organized into 9 one-week sessions from 8:00am-5:00pm (Monday-Friday), for boys & girls ages 5-12. Our full day program is jam packed with field trips, swimming, arts & crafts, activities, games & more!!!! With the addition of new enrichment programs and increased standards for our CIT program, we will continue to provide an enhanced learning environment for young leaders, which means your child will have an amazing summer!

**PLUS:** Program participants will have the opportunity to participate in Archery, Quick Start Tennis, Golf Lessons & Swim Lessons. (Golf & Swim Lessons will be an additional fee.)

**Check out our Full Day Summer Calendar at [www.bgcav.org](http://www.bgcav.org).**



### PRICING:

The fee is \$135 per week, per child.  
 (Fee includes field trips, swimming, archery, tennis lessons, games, arts & crafts and more!!!)  
 All participants must be members of the Boys & Girls Club. Membership is \$40 for the 2012-13 school year.

**Swim Lessons:** \$30/per child/per week extra

#### Drop in Pricing:

If you are signing up for four or less days the price is \$35/per day/per child.

#### Field Trip Pricing:

\$45/per child for Field Trip

\*This pricing is for registering for field trip days only. If you are registered for the week, the field trip is included.

**Must pre-register for Field Trips.** If you do not pre-register, we can not guarantee your child will be able to attend. All Field Trip Deadlines will be a week before each field trip.

### SWIM LESSON DETAILS:

Swim Lessons will be offered through the Stow Recreation Dept. at Lake Boon in Stow.

Transportation will be provided by the Boys & Girls Club.

Cost: \$30/per child/per week  
 Time: 10am (four days a week)

Weeks Swim Lessons will be offered:  
 July 8th, July 15th, July 22nd  
 July 29th, August 5th

Minimum of 10 members registered for transportation to take place. Maximum of 12 members per week.

Spaces are limited and Swim Lessons fill fast! To ensure your spot, please register and provide payment for the weeks your would like your child to participate.



## TODDLER TIME (AGES 2 & 3 YEAR OLDS) MT. CALVARY SCHOOL, ACTON

Monday/Wednesday or Tuesday/Thursday

July 8th - August 15th

9:00am-12:00pm

Early Drop off 8:30am - \$5/extra per day or \$15 for the week

Location: Mt. Calvary Pre-School, 472 Mass Ave., Acton

Ages: 2-3

Price: \$30/2 days a week/per week

This pricing is to reflect an affordable, quality option for families in the summer months. Pricing is based on Monday/Wednesday or Tuesday/Thursday. Please choose what day combination works for you per week.

The Boys & Girls Club is proud to partner with Mt. Calvary Pre-School to bring your little ones tons of summer fun! This new program, for children ages 2-3 will excite the imagination and curiosity of students. With daily lesson plans and weekly themes, this program teaches children about discovering the world around them in a structured, hands-on environment. Our mornings consist of

singing, arts & crafts, free-play and a variety of other age appropriate activities in a group setting. Our summer program is staffed with the same high quality teachers who work at Mt. Calvary during the year. All staff are CPR and First Aid certified.

### Program Details:

Participants do not need to be members of the Boys & Girls Club to participate. Must be 2yrs old by June 1, 2013. Kids will participate in a wide variety of age appropriate activities. More Information, log onto [www.bgca.org](http://www.bgca.org).

## 4 & 5 YR OLD PLAYGROUND PROGRAM MT. CALVARY SCHOOL, ACTON

The Boys & Girls Club is proud to partner with Mt. Calvary Pre-School to bring your little ones tons of summer fun! The program follows weekly themes, with ample opportunities for outdoor play and fun.

Join us for an engaging, hands on, interactive, fun summer! Meet new friends,

gain new skills and have a fun and safe summer experience. Our summer program is staffed with the same high quality teachers who work at Mt. Calvary during the year.

All staff are CPR and First Aid certified.

Monday-Thursday  
July 8<sup>th</sup> - August 15<sup>th</sup>

9:00am-12:00pm

Early Drop off 8:30am - \$5/extra per day or \$15 for the week

NEW PRICING: \$45 per week/\$80 per session/  
\$230 All Sessions

NEW LOCATION: Mt. Calvary Pre-School, 472 Mass  
Ave., Acton

Ages: 4-5

### Program Details:

- ⇒ Participants do not need to be members of the Boys & Girls Club to participate.
  - ⇒ Must be 4yrs old by June 1, 2013.
  - ⇒ Must be toilet trained.
- ⇒ Kids will participant in a wide variety of age appropriate activities.
  - ⇒ Staff to child ratio will be 8-1.
- ⇒ This program will be lead by experienced pre-school teachers.
  - ⇒ Must bring a peanut free snack and water bottle each day.
- ⇒ Children must bring a change of clothes each day and must have all belongings labeled.
- ⇒ Must apply sun screen at home before attending the program daily.



*\*If your child is 5yrs old and entering Kindergarten then you have the option to participate in our Playground Program for ages 5-12. Check out "Playground Program" on [www.bgca.org](http://www.bgca.org).*

# PLAYGROUND PROGRAM

## COOLIDGE PLAYGROUND

Monday-Friday  
6 week program  
8:30AM - 12:00PM  
Ages: 5 - 12

Location: Coolidge Playground, Maynard

\*\*All children must be members of The Boys & Girls Club. Membership is from July 2012-July 2013. Membership is \$40.

### 6 Week Program

**Session #1:** Week 1: July 8th  
Week 2: July 15th

**Session #2:** Week 3: July 22nd  
Week 4: July 29th

**Session #3:** Week 5: August 5th  
Week 6: August 12th



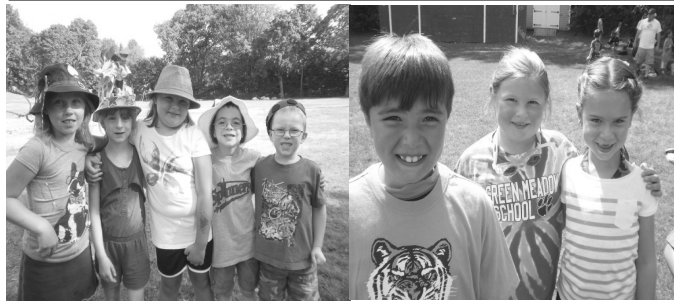
### Pricing:

\$30/week \$50/session \$130/all sessions

The Club works hard to keep the pricing of this program affordable. Our Playground Program is an incredible, safe, fun program staffed by trained individuals. The staff are trained to give your kids non stop action!

Children will participate in a wide variety of fun activities that inspire creativity, build character and increase sportsmanship. The Playground Program will also offer weekly trips for an additional fee plus theme weeks, games, arts & crafts activities, playground challenges with local towns and more!

Children must bring a bagged peanut-free snack and a water bottle each day they attend.



### PARENT MEETINGS

**\*\*MANDATORY**

**It is a requirement of our summer programs that a parent/guardian attend one Parent Meeting.**

Tuesday, June 4th 9:00am-10:00am  
Thursday, June 6th 6:30pm - 7:30 pm  
Monday, June 10th 9:00 am - 10:00 am  
Thursday, June 13th 6:30pm - 7:30 pm

### Field Trips:

All Playground Participants have the option to participate in any field trip for \$40/per person.

All field trips are based on available space and are first come first serve.

Any cancellation of a field trip must be in writing at least 2 week prior to any field trip for a full refund.

Please send requests to Pat Bishop at [bishop@bgcav.org](mailto:bishop@bgcav.org).

**Summer Events Calendar posted on our website at [www.bgcav.org](http://www.bgcav.org). Check it out!**

## AFTERNOON PROGRAM

### BOYS & GIRLS CLUB OF ASSABET VALLEY



The Boys & Girls Club is now offering an afternoon program for all Playground participants. Students that are enrolled in our half day Playground Program can now join our Full Day Summer Program from 12:00 - 5:00 for only \$15/per day. This program will be available for Monday - Friday, except field trip days. Participants will be brought to the Boys & Girls Club by Club staff.

# JUNIOR COUNSELOR-IN-TRAINING & COUNSELOR-IN-TRAINING, (CIT) PROGRAM

1st Deadline: June 1, 2013. Orientation week of June 17th-21st.  
2nd deadline: July 1, 2013 . Orientation week of July 15<sup>th</sup> – July 19th.

\*\* All JR. CIT's & CIT's must be members of the Boys & Girls Club.

Membership is \$40/per year.

**How to apply:** Potential Jr. CITs and CITs must fill out and return the Jr. *CIT or CIT Application form, Club Membership Form and Parental Consent form* by JUNE 1st. Applications are available at the Club or on our website.

## JR COUNSELOR-IN-TRAINING PROGRAM

Boys & Girls Club of Assabet Valley Jr. Counselor in Training (Jr.CIT) Program is designed for those campers who are 12 by June 1, 2013, and who are interested in learning more about our CIT program. This program is designed to introduce participants to leadership, conflict resolution, child development, and group dynamics. Successful completion of the program and positive evaluation could lead to an invitation to be a CIT when the participant turns 13 yrs old. Due to the small number of spaces available and the highly competitive nature of this program, all potential applicants must complete the following application and parental consent form in order to determine suitability for the program. Applications will be reviewed and an interview scheduled to determine if applicant possesses the necessary skills to be a CIT.

**Qualifications:** Must be a young person 12years of age by June 1<sup>st</sup>, interested in helping other young people to learn and grow. All Jr. CIT's applicants should be interested in, working with children, possess maturity, flexibility, a strong work ethic and the ability to have fun.

### JR. CIT Pricing:

Students will have an option to participate in our Full Day Program or Half Day Summer Program. Jr. CIT's costs will be reduced by \$20.00 to \$115.00/week for the Full Day Program. There is no discount for the Half Day Playground Program.



## COUNSELOR-IN-TRAINING PROGRAM

The Club's Counselor-In-Training (CIT) Program is designed for campers who turn 13 by June 1, 2013, and who are interested in becoming better leaders. The CIT Program will be offered at our Half Day Playground & Full Day Summer Program. This program covers a curriculum that includes such topics as leadership, conflict resolution, child development and group dynamics that leads to the making of a successful Boys & Girls Club Counselor, and a better leader. All CIT's applicants should be interested in, working with children, possess maturity, flexibility, a strong work ethic and the ability to have fun. CITs will be evaluated by the Club Staff at the end of their session. Successful completion of the program and positive evaluations could lead to the participant being invited back the following season to interview for a staff position (must be going into 10th grade to be considered.)

Students will have an option to participate in our Full Day, 9 week, program or Half Day, 6 week, program. CIT's can pick which weeks they would like to register for. Our full day program goes from June 24th - August 23rd or our half day program goes from July 8th - August 16th. Pick which program and what weeks you would like to register for!

### CIT Pricing:

All participants must be members of the Boys & Girls Club. Membership is \$40/per year. Field trips will be \$20.00

All CIT's can pick which weeks they would like to register for. Our full day program goes from June 24th - August 23rd or our half day program goes from July 8th - August 16th. Pick which program and what weeks you would like to register for!



# BASKETBALL PROGRAMS

## PAUL HOWES TOP 100 BASKETBALL CLINIC

June 24th - June 28th  
Boys & Girls Grades 4th - 12th  
1:00pm-5:00pm

Fowler Middle School, Maynard

Cost: \$100 for one week

Discount \$150 for family of two; \$25 off for each additional family member

**\*\*Due to limited enrollment, please register by June 1<sup>st</sup> in order to reserve a space for your child. We will only accept the first 100 campers.**

**Payment:** Make checks payable to Paul Howes. Send to 4 Wilson Circle, Maynard, MA 01754. Checks must be received by June 1<sup>st</sup>.

Due to construction at Maynard High School we will NOT use MHS Gym this year. The Basketball Camp

will take place at the Fowler Middle School and three outdoor basketball courts at Alumni Field. Parents should drop off and pick-up youngsters at Fowler Middle School each day.

The deep commitment that Paul has for individual improvement and team play, combined with his 20+ years of experience instructing children, provide a unique background for this basketball camp.

The curriculum will be carefully supervised. Youngsters will be broken up into groups. These groups will participate in an equitable and competitive system of organized play. Daily emphasis will be given to shooting, ball handling, rebounding and offensive techniques.

*Scholarships are available.*

*For more information or questions, please e-mail Wendy Allegrone-Leslie at [allegrone@bgcav.org](mailto:allegrone@bgcav.org).*

**NEW**

## Attention Players of Top 100 Clinic!

The Club will be running a half day morning program the week of June 24th only.

Time: 8:00am-1:00pm

Grades: 4th - 8th

Cost: \$15/per day

Boys & Girls Club of Assabet Valley

Club Staff will walk Top 100 Clinic players to Fowler School.

Participants need to bring a bagged lunch.

Participants must be members of The Boys & Girls Club.

Top 100 Clinic participants will participate in the morning programming of the Club's Full Day Summer Program.



## COURT KINGS

### 2013 Basketball Clinic "Fundamentals First"



July 8th - 11th

6:00pm-9:00pm

Fowler Middle School, Maynard

Cost: \$150/per player

Boys & Girls Grades: 4th - 8th



Isaiah Davis has been coaching for over seven years in New England. Over the past four years, he has been a coach in the Metrowest League for the town of Wellesley. His success as a coach within the league granted him the opportunity to work as Assistant Coach for the Wellesley High School Boys Varsity Team. In his two years at the high school, he has helped the Varsity make back to back appearances to the state semi-finals.

A student athlete and graduate of Babson College, Isaiah has strong knowledge of the game. Coming from a family of basketball players, he has seen the amount of work it takes to become great. It shows through his coaching.

Isaiah's main goal is to develop the youth and to become fundamentally sound basketball players. His vision is to continue to spread his knowledge, resources and love for the game to kids in the Assabet Valley region.

# YOUTH TENNIS PROGRAMS

MAYNARD TENNIS COURTS

Mondays - Thursdays  
(all rain makeups will be on Fridays)

July 8th - August 15th  
Maynard Tennis Courts  
Instructor: Jennifer Tate

## Two Week Sessions:

Monday - Thursday  
Session #1: July 8<sup>th</sup>- 18<sup>th</sup>  
Session #2: July 22<sup>nd</sup> – August 1<sup>st</sup>  
Session #3: August 5<sup>th</sup> – 15<sup>th</sup>

## Pricing Options:

4 days a week/per session - \$80

4 days a week/per week - \$45

2 days a week/per session - \$45  
(Monday/Wednesday or Tuesday/Thursday)

2 days a week/per week - \$25  
(Monday/Wednesday or Tuesday/Thursday)

Daily - \$15



### Tiny Tot Tennis (4-6 years)

Time 8:30 - 9:15

This class will introduce young children to tennis in a fun, game-oriented way. All participants will learn basic ground strokes, volleys, coordination and footwork drills, and the different areas of a tennis court.

### Tennis Stars (7-9 years)

Time 9:15- 10:15

This class will teach all the basic fundamentals of tennis: ground strokes, volleys, serves, how to keep score, footwork, etc. This class will be predominantly hand fed or racket fed balls by the coaches and is intended for children who can not yet engage in match play or long rallies. There will be a variety of exciting games and drills to reinforce all of these skills.

### Tennis Champions (10 + years)

Time 10:15- 11:15

This class will teach all the basic fundamentals of tennis: ground strokes, volleys, serves, how to keep score, footwork, etc. to a slightly older age group. This class will be predominantly hand fed or racket fed balls by the coaches and is intended for children who can not yet engage in match play or long rallies. There will be a variety of exciting games and drills to reinforce all of these skills. There could be some instances in which live point play is introduced depending on the players' ability.

### Tennis Pros (age varies)

Time 11:15 - 12:15

This class is intended for players who have previously taken tennis lessons or are able to carry out a rally. This class will continue to teach tennis fundamentals such as ground strokes, volleys, and serves in a game oriented manner, but will also include more live point play and match play. In addition to improving ground strokes, volleys, and serves, players will also learn a lot more about court positioning, footwork, top spin, slice, and singles and doubles match strategies. To sign up for this class you must get prior approval from the tennis coach or be recommended during a different lesson by the tennis coach.

\*\*Semi Private/private lessons available. E-mail [allegrone@bgcav.org](mailto:allegrone@bgcav.org).

## ADULT TENNIS PROGRAMS

July 8th - August 14th  
Time: 7:30am- 8:30am  
Maynard Tennis Courts  
Cost: \$55/per class

Attention Parents!  
If there is enough interest the Club will provide child care while you work out! Please e-mail [allegrone@bgcav.org](mailto:allegrone@bgcav.org) if interested.

### Tennis Drills/Clinics

*Mondays*

Practice every aspect of the game : ground strokes, volleys, approach shots, overheads, lobs and serves with specific drills. Learn how to improve your placement and power for ground strokes, how to get yourself in position to win at net, and how to incorporate top spin and much more into your game!

### Cardio Tennis

*Tuesdays*

Get a great workout in while playing some tennis! Your feet will never stop moving as you practice and improve different parts of your tennis game.

### Match Play/Doubles Round Robins

*Wednesdays*

Incorporate all of those drills and clinics into real point play situations. Play singles or doubles round robins!

NEW

## CHALLENGER SPORTS MULTI-SPORTS CAMP

COOLIDGE FIELD, MAYNARD

August 19th—23rd

Ages 6-10 9:00 – 12:00pm \$135

Ages 8-12 9:00 – 4:00pm \$175

Challenger's team of British coaches will provide your boys and girls, with a memorable week of nonstop action, fun and competition - All with a British Twist! Children will learn new British sports and develop new skills with team-building activities that include more than just running, jumping, catching, kicking and throwing! They will also learn about Respect, Responsibility, Integrity, Sportsmanship and Leadership, while playing hard, having fun and making new friends.

NEW

## SKY HAWKS CAMPS

FOWLER SCHOOL &amp; COOLIDGE FIELD, MAYNARD

**Mini-Hawk  
(Soccer, T-ball & Basketball)**

July 22nd-26th

Time: 12:30—3:30

Fowler Middle School Field

Ages: 4-6 Fee: \$119

This baseball, basketball, and soccer program gives young children a fun and positive first step in athletics. Through games and activities, camper explore balance, hand/eye coordination, and skill development at their own pace.

*\*If your child is 5+ and attends the Half Day Playground Program add \$5 and your child will be supervised until 12:30 and will be dismissed to the Skyhawks program.*

**Flag Football**

July 15th—19th

Day (s): Monday—Friday

Time: 12:30—3:30

Coolidge Field

Ages: 6-12 Fee: \$119

Campers learn skills on both sides of the football including the core components of passing, catching, and defense— all in a fun and positive environment. The week ends with the Skyhawks Sports Bowl.

*\*If your child attends the Half Day Playground Program add \$5 and your child will be supervised until 12:30 and will be dismissed to the Skyhawks program.*

NEW

## SUMMER TRAINING CLINICS

FOWLER SCHOOL, MAYNARD

**Condition Session**

Monday-Friday June 24th - August 16th

Grades 6th—12th \$150/Summer 10am-11am

This clinics will focus on speed, agility &amp; conditioning.

**Strength & Condition Session**

Monday-Friday June 24th - August 16th

Grades 9th—12th \$200/Summer 4pm--6:15pm

This clinics will focus on speed, agility, conditioning &amp; weight training.

**Register On-line at The Maynard Athletic Dept. Register On-line at The Maynard Athletic Dept.**

## JUNIOR GOLF PROGRAM

Our junior program stresses many core values such as: safety, respect, courtesy, honesty, responsibility, sportsmanship, integrity and perseverance. These teachings develop not only better golfers, but also better people. Our goal is to develop lifelong golfers; ones who will continue to enjoy the game long after this program ends. We have taken great care to develop a comprehensive program for all age levels, taking into account differing abilities. The program is conducted in a fun atmosphere.

Prizes will be awarded on a daily basis.

Fee: \$80/session

**BEGINNER CLASS**

Designed to be a fun introduction to the game. Instruction will include the fundamentals of the game such as rules, grip, stance, alignment, swing and course etiquette as well as the skills of pitching, chipping and putting.

**Beginner Dates:**

Session 1 June 25-27

Session 2 July 2,3 &amp; 5

Session 3 July 9-11

Session 4 July 16-18

Session 5 July 23-25

Session 6 July 30, 31, Aug 1

(GROUP A)

Ages 11-15: 8:30 AM-10:00 AM

(GROUP B)

Ages 6-10: 10:30 AM-12:00 PM
**INTERMEDIATE CLASS**

Designed as an introduction to the game covering further fundamentals of the game with a more advanced approach.

**Intermediate Dates:**

Session 7 August 6-8

Session 8 August 13-15

Time:

(GROUP A) Ages 13-15: 8:30 AM-10:00 AM(GROUP B) Ages 10-12: 10:30 AM-12:00 PM

# THE CLUB C.A.I..R.S.

(CHILDREN, ADAPTIVE, INCLUSION, RECREATION, SERVICES)

The Club CAIRS, (Children, Adaptive, Inclusion, Recreation, Services) is a new division of the Boys & Girls Club of Assabet Valley that is dedicated to giving children with varying abilities the opportunity to access recreational activities regardless of skill level. The CAIRS programs are based on the "inclusion model". This model will help children with physical and developmental disabilities to participate in recreation programs with the rest of the community, with the appropriate support to facilitate success .

NEW

## SIBSHOPS

THE BOYS & GIRLS CLUB OF ASSABET VALLEY

<p style="text-align: center;">Saturday, June 8th 10:30 am– 1:00 pm Ages: 7-12 Fee: \$15 (Lunch will be provided) Please contact Jennifer, if you're child has food allergies. Please email Jennifer Kuo at kuo@bgcav.org with any questions or concerns, or more information regarding scholarships.</p>	<p>Sibshops acknowledge that being the brother or sister of a person with special needs is for some a good thing, others a not-so-good thing, and for many, somewhere in-between. They reflect a belief that brothers and sisters have much to offer one another – if they are given a chance. Sibshops are a spirited mix of new games (designed to be unique, off-beat, and appealing to a wide ability range), new friends, and discussion activities.</p>
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## SUPER SOCCER STARS

<p>Tuesdays (*unless other wise noted) Session #1: June 4th-July 16th (No Classes July 2<sup>nd</sup>) Session #2: August 6<sup>th</sup>-September 10th Minimum of 8 participants per group Cost: \$85</p> <p><b>Focus &amp; Class Structure:</b></p> <ul style="list-style-type: none"> <li>* Socialization</li> <li>* Teamwork</li> <li>* Gross Motor Skills</li> <li>* Self-Awareness</li> <li>* Agility, balance, &amp; coordination</li> <li>* Self-confidence</li> <li>*Task completion</li> </ul>	<p>The Boys &amp; Girls Club of Assabet Valley is proud to partner with Super Soccer Stars to bring soccer to the whole community!</p> <p>Super Soccer Stars is the Northeast's most popular soccer development program for early childhood, elementary, and middle school children. Super Soccer Stars provides outstanding soccer development instruction to children. This unique program uses soccer as a vehicle to teach life skills to individuals of all abilities. It's developmentally-appropriate curriculum designed by licensed educators and therapists, promotes the complete growth of each individual and encourages players to improve at his or her own pace. The low player-to-coach ratio ensures that individuals receive continuous support and personal attention. All abilities welcome!</p>
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<p><b>Group 1: Ages 3-5</b> *Thursdays: June 6th - July 18th (No Classes July 4th) Time: 1:00-1:45 pm Location: Pines Bluff/ Lake Boon</p>	<p><b>Group 2: Ages: 5-13</b> Time: 5:00-5:45 pm Location: Alumni Field, Maynard,</p>	<p><b>Group 3: Ages: 13-18</b> Time: 6:00-6:45 pm Location: Alumni Field, Maynard</p>
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## GIRLS LACROSSE CLINIC

Monday, August 12th - Thursday, August 15th (Rain Date: Friday August 16th)  
Grades 3rd - 8th  
9am - 1pm  
\$150 per Player

New & Experienced Players are Welcome. Players will be separated by age & ability.

The Club is proud to once again partner with Yippee Lacrosse to bring you our second summer of our Girls Lacrosse Clinic. The clinics have amazing coaches that will teach all the fundamental skills to beginner and experienced players in a fun, supervised atmosphere!

# GOLF FOR YOUTH TOURNAMENT

BUTTERNUT FARM GOLF COURSE, STOW

## LET'S PLAY

Noon Registration & Box Lunch

1:00 pm Tournament begins – Shotgun start

5:00 pm Dinner, Raffle and Prizes

Format: Modified Callaway

Entry Fee: \$150 per person, or \$500 for a foursome that includes:

- Greens Fee and Cart
- Gift

- Dinner after tournament

Raffles: Top Notch Prizes

Awards: Winning Teams , Longest Drive & Closest to the Pin

MONDAY, JUNE 3RD  
1:00PM SHOTGUN START



*Corporate Sponsorships Available!  
Register Today at [www.bgcav-golf.org](http://www.bgcav-golf.org).  
All proceeds to benefit The Boys & Girls Club  
of Assabet Valley.*



## OUTDOOR MOVIE NIGHT ALUMNI FIELD, MAYNARD



Thursday, June 20th

7:30PM (Movie begins at dusk!)

Maynard Football Field

Admission:

\$5/per person

B&G Club Members: \$3

(Must bring membership card)

Children Under 2 FREE

### EVENT DETAILS:

- ◊ FREE PARKING @ The Cub!!!
- ◊ Come early and stake out your spot!
- ◊ Popcorn, candy and drinks for sale!
- ◊ Movie Title will be announced by June 17th on our website. Visit [www.bgcav.org](http://www.bgcav.org) for details!!!
- ◊ This event is open to the general public.
- ◊ Rain Dates posted at [www.bgcav.org](http://www.bgcav.org).